

SEPT
29

BRAINS IN BUSINESS



Join us for the next Brains in Business meeting on September 29th from 5pm - 7pm. We are delighted to advise that we will be having two speakers presenting this evening, Dr Dee Alexander and Nasi Jenkin.

Dee has extensive experience working with people to develop wellness, self leadership and resilience, in particular applying the latest principles of neuroscience to enhance performance across all areas of life including high stress environments.

Nazanin (Nasi) Jenkin is a strategist and collaboration thought leader. She works with a mixed portfolio, supporting leaders to integrate efforts and resources across the business spectrum and to convert strategy into frontline realities. She is at heart a public servant, totally committed to delivering a whole system outcomes environment, and has invested significantly in evaluating how this can be done.

Workplace Resilience *With Dr Dee Alexander*

Resilience is the ability to remain calm, effective and focused under pressure. Resilient people behave differently. We can each discover how to bounce back from adversity, show courage, develop our creativity and live in connection with others. By building integral daily practices we learn how to master our well being, and increase our resilience.

An Analysis of Impediments to Collaboration in the NZ Public Sector *With Nasi Jenkin*

This presentation outlines opportunities for the public sector and provides some insightful strategic thinking. Nasi's research goes beyond the *why* and moves into the *what* and *how* of delivering successful collaborative initiatives, with demonstrable benefits and outcomes. This presentation will be an opportunity to summarise and breathe life into some of her findings.

**KPMG, Level 9
10 Customhouse Quay**

Starting at 5pm with tea, coffee and networking. Finishing at 7pm

RSVP TO LIG@CONTINUUMCONSULTING.CO.NZ